

KPMS Foray Information

The following information covers the basics for going on a foray with KPMS. Note that you will also need to sign a liability release form at the beginning of the foray.

Equipment: A sturdy wicker basket or a mesh bag for collecting, a small knife for harvesting, a brush for cleaning mushrooms, and proper & layered attire are the bare essentials. We **require** a whistle and sometimes a hunters orange vest for safety. You **will** not go on a foray if you do not have a whistle, or a vest on certain lands during hunting season. Whistles are available for \$3 at our meetings, or possibly for \$5 from the foray leader. Food and water are recommended on all day forays. Other things you might consider are a walking stick, a compass or GPS, and a FRS radio.

Passes: Washington now requires a [Discover Pass](#) for access to State Parks, DFW & DNR lands. That pass is in addition to any State Park fees. Certain [trailheads](#) into Olympic National Forest also require a federal [Recreation Pass](#).

Regulations: There are many different regulations covering the harvest of mushrooms in the areas we foray. Olympic National Park: 1 quart per day; Olympic National Forest: 1 gallon or 1 larger mushroom per species, 3 gallons total per day; WA State Parks: 2 gallons per day; WA DNR: 5 gallons per species per day; WA DFW: no regulations; Kitsap County Parks: "Reasonable amounts". Further [details](#) are on our website.

Etiquette: 1) Respect private property! 2) Pick only 1/2 - 2/3 of the mushrooms you find; leave the rest for spores and food for wildlife. 3) Do not collect mushrooms from previously harvested areas, upcoming club foray areas or near chemically treated areas. 4) Use a knife to cut the mushroom to minimize the impact to the fungus and habitat.

Consumption: 1) Only eat positively identified mushrooms, i.e. "*when in doubt, throw it out*". 2) Always cook mushrooms. 3) Consume only a small amount the first time you try a new species. 4) Don't combine mushrooms species, at least to start with. 5) Learn deadly look-alikes.